

GCCA Minutes • March 22, 2019 • WebEx Meeting

Present: Katie Bigalke Jones, Amy Laughter, Gina Barthelemy-Morton, Cheri Mattox-Carroll, Evonne Jones, Erica Madoni, Brittany King, Elizabeth Humphrey, Cheryl VanDyke, Sylvia Shortt, Chris Wheelus, Jenease Horstead

Absent: Shawntell Phoenix-Martin, Shubha Chatterjee, Dorothy Morgan, Alicia Dorton, Andre Griggs, Tonja Simmons

Call to Order and Welcome at 10:08 am

Minutes: The minutes were submitted earlier by email for review. An addendum will add new council members. A motion was made to accept the minutes. Seconded. Minutes approved.

Treasurer Report: Amy Laughter reported a \$9,953.93 balance. CMC Global will pay out proceeds from conference so that King and Prince can be paid. An invoice received in the amount of \$35 each for seven social workers taken from budget. One member joined and \$35.00 payment made. Discussion of W-9 and address for VIN# and SCCC references. Cheri Mattox-Carroll made a motion to accept the treasurer report, motion seconded. All in favor. Motion carried.

Membership Report and Listserv: Andre Griggs had no report

Other business: Erica Madoni is willing to stay on as president despite anticipated resignation from Gordon College at the end of the month and requested feedback. Brittany Bing also retained presidency when she resigned colleges. While it is not an immediate problem, Sylvia Shortt noted that by-laws dictate an affiliation with a college or university. While we could look away indefinitely, if persons could no longer attend meeting or to their responsibilities of office, it could become problematic, said Katie Jones. Some council members voiced concerns about true participation and consistency. The point is, said Ms. Shortt, we are not abiding to by-laws. There is an automatic end for certain council positions especially if a person is no longer in a college counseling position but other positions are appointed. Usually by the end of next year's conference, we will reappoint a position, said Ms. Shortt. The website lists appointed positions. The council could ask Andre Griggs if he would like to continue his term, following his departure from the university setting, but might let others then have access to listserv position. The by-laws on the website will be reviewed and updated if necessary.

Social media/website report: Information sent on new council members and placed on website. An update is needed for picture and short welcome message from Erica Madoni. In other discussion, Facebook has had few new requests for joining. It was noted that most members on Facebook are long time members. Suggest other forms of social media: Instagram, another course of Twitter and Instagram. Any concerns: Lizy Humphrey is looking into an Instagram organization page. She indicated that it is important that people talk up members and benefits of GCCA. More members request information on GCCA when attending local events so event programming is key. Send out information to listserv to improve traffic on website.

CE Report: Katie Jones, taking over as CE co-chair for Chris Wheelus, spoke of conference evaluations and noted feedback is comparable to previous years. Requests for one more CE opportunity for Wednesday and more psychologist CEs were received. Some sessions did not offer CEs for psychologists on all days of the conference. The schedule reflects an opportunity for all to earn CE during the conference. Encourage council members present or someone in region to re-present, particularly a well-received session. Most participants requested a session added back to the conference to get as many CEs as possible. It was suggested that CEs for psychologist be spread out as in a few instances two programs were offered simultaneously. Chris Wheelus noted that it was not understood why, but many sessions were not approved for psychologists. Scheduling piece: no overlap in sessions for psychologists. Suggestions were made on how to approve more psychologist-approved sessions and avoid overlap of sessions. Ms. Jones indicated that she would be able to help determine why some sessions are not approved in the future. She said there may be problems with the presenter credentials as many presenters were LPCs but perhaps LPCs with doctorates may be required. Sylvia Shortt proposed more psychologists linked with sessions to garner approval, even a loose connection to the presentation. More psychologist need to be involved in GCCA, she noted. Ms. Jones suggested she could possibly get other psychologists involved. Within GCCA, there should be a good diversity of social workers, psychologists, and licensed professional counselors. Other feedback include life in balance, self-care and clinical supervision sessions. It was suggested that former ethics presenter, Ronee Griffin could present ethics in the future.

In other business: An announcement was made for the first annual Mental Health event at Georgia Southern University on June 14 with sponsorship by Monte Nido and Affiliates. The event will begin with a presentation by Dr. Johanna Workman: Workplace Bullying. Dr. Melissa Coffin, a certified eating disorder specialist, will follow with Effective Integrated Treatment for Trauma and Eating Disorders in the afternoon. Participants can earn 4.5 CEs on eating disorder and trauma and 1 hour of ethics. GSU did not go through GCCA but rather for-profit revenue to help counseling budget at Georgia Southern.

Fundraising Report: No report

Awards and Nominations: No Report

Social Work Liaison Report: Pat Mooney reported that seven social workers attended the annual conference and attended 76.5 hours. Mr. Mooney has sent the material needed to the social work department at Savannah State and will send out the CE certificates to the social workers when received. He has also asked them to send an invoice for this year and the previous three years since it is not known to whom we should send reimbursement. "Per our agreement with SSU/SW we reimburse them \$35 per social worker at the conference regardless of the number of hours attended," said Mr. Mooney.

He also noted that discussion has ensued with Katie Jones about providing social work CEUs for her regional conference and details will be worked out. "This is the first request for SW CEUs for a regional conference and I explained that since SSU is in our region then I'll facilitate this however, other regions will need to work with social work departments in their region or a nearby region. I know UGA and VSU have social work departments and there may be others."

Old Business:

Ms. Humphrey commented on some additional information given to newcomers in place of a single newcomer welcome. It was suggested that GCCA members ensure first time attendees have a short explanation of GCCA and conference protocol to help with those come alone. Ms. Mattox-Carroll suggested a welcome committee or a seasoned member or members to accompany new members when they sign in the first day at the conference. Some other ways to connect include:

- Welcome new members through new registrants identified on conference registration
- A welcome newsletter might be considered
- Invite new attendees to dinner the night before the conference, or a 'learn the ropes' segment for newcomers could be included in the conference program
- A welcome email following conference registration or joining GCCA
- Add to Facebook and social media outlets
- Have seasoned GCCA members at the registration table during registration.

Several volunteered to be at the registration table. Most supported ideas include a newsletter welcome and information in the conference program.

In other conference review discussion:

- In regard to attendance sheets, some did not sign the sheet and relied exclusively on the online software evaluation program that indicated attendance which was a positive move toward the use of technology to record attendance. Other measures to ensure that both methods utilized, especially for CE attainment for specific groups, will be reviewed in time for next conference.
- Some session rooms were not large enough for audience and some session participants were forced to sit on floor. Some of the difficulty was the unavailability of the Solarium due to construction. Many comments on space not being comfortable for the audience were voiced.
- The use of the Butler Room was difficult, noted Gina Barthelemy-Morton, due to its small size and too large participation for some sessions.

2020 GCCA Conference Report. The next conference will be held January 28-January 31, 2020.

President Elect Gina Barthelemy-Morton reported on the following topics:

- Proposed Theme: 'Envision the Possibilities' in which a mock-up will be presented at the next meeting. Several members volunteered to assist with artwork and colors to further develop the theme. 'Save the Date' cards with the theme could be produced, along with T-shirts and website promotion. It was noted that more colors utilized, especially for T-shirts, the more expensive the shirt. It was suggested by Ms. Humphrey to be mindful of one color and that the one color use would keep the cost of the shirts low. Ms. Jones suggested a T-shirt business in which she could get a quote and establish an order. Past president-elects chose their own vendors so that if T-shirts needed to be picked up rather

than shipped, that would potentially reduce cost. Also, if problems arose with the production, a business close by would be desirable.

- Ms. Barthelemy-Morton will choose a key note speaker and suggested Jonathan Orr, who is also an LPC. It would also be important to ensure that the keynote speech could also garner CEs for a variety of license types
- A program headshot and bio will be needed for conference program
- It was proposed that psychologist Dan Rose from Columbus State could possibly provide the ethics presentation. He had presented at the Suicide Awareness Conference at Callaway Gardens in September. Both will send in proposals with awareness of various types of licenses for CEs.
- Chris Wheelus requested the council to approve adapters for King and Prince presentations. Amy Laugher indicated that there could be invoices or reimbursements based on vendor. Amazon is a middle ground. Ms. Barthelemy-Morton offered to compare prices and vendors.
- Sylvia Shortt indicated that a psychopharmacology session is needed for the next conference. Bao might be a source of information as well as SCAD and St. Simons By The Sea.
- In regard to animal assisted therapy sessions, Evonne Jones said that former presenter Dawson is leaving the state to complete his PhD requirements. One more CEUs on animal assisted therapy and further elaboration may be desired. Currently he is not able to travel to present.

Regional Reports

- * Central (Brandi Cameron)
- * Southern (Shubha Chatterjee)
- * Midwest (Brittney King)
- * Northwest (Dorothy Morgan)
- * Mideast (Jenease Horstead)
- * Northeast (Evonne Jones)
- * Coastal (Cheryl Van Dyke)
- * At Large (Alicia Dorton and Shawntell Phoenix-Martin)

The next meeting was proposed to be held at Middle Georgia State University in Macon on Friday, June 28 or at Central Georgia Technical College from 10 am to 12 noon. Other suggestions include another WebEx meeting or conference call. Options will be presented to council closer to meeting date.

With no new business, a motion was made by Ms. Mattox-Carroll to adjourn the meeting. The motion was seconded. All in favor. Motion carried. The meeting was adjourned at 11:22 am.

Executive Council

President – Erica Madoni, Gordon State College –
Past President – Brittany Bing, Rape Crisis & Sexual Assault Services
President-Elect – Gina Barthelemy-Morton, Chattahoochee Technical
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Regional Representatives

Northeast – Evonne Jones, Piedmont College
Northwest – Dorothy Morgan, Georgia Highlands College
Mideast – Jenease Horstead, Paine College
Midwest – Brittney King, Agnes Scott College
Central – Brandi Cameron, Lagrange College
Coastal – Cheryl Van Dyke, College of Coastal Georgia
Southern – Shubha Chatterjee, Abraham Baldwin Agricultural College
Representative at Large – Alicia Dorton, Gordon State College
Representative at Large- Shawntell Phoenix-Martin, Savannah State University

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Social Work Liason – Pat Mooney

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