



**MAY 18, 2018**

**COUNSELOR SELF-CARE: APPLYING PRINCIPLES OF RELATIONAL COUNSELING THEORY; PREVENTING COUNSELOR IMPAIRMENT.**

LEARNING OBJECTIVES

- 1) COUNSELORS WILL BE ABLE TO ARTICULATE AND STATE THE FUNDAMENTAL PRINCIPLES OF RELATIONAL COUNSELING OR RELATIONAL PSYCHOTHERAPY AND THEIR ASSOCIATION WITH HEALTHY COUNSELOR SELF-CARE.
- 2) COUNSELORS WILL BE ABLE TO DEFINE THE TERMS "RUPTURES IN THERAPEUTIC RELATIONSHIPS" AND "RELATIONAL IMPASSES," AND TO PROVIDE EXAMPLES OF HOW THE COUNSELOR'S EFFECTIVENESS WITH NEGOTIATING AND MANAGING THE THERAPEUTIC ALLIANCE CAN BE DIRECTLY ASSOCIATED WITH THE COUNSELOR'S RESPONSIBLE SELF-CARE AND ABILITY TO AVOID COUNSELOR IMPAIRMENT IN THE THERAPEUTIC ALLIANCE.
- 3) COUNSELORS WILL BE ABLE TO IDENTIFY EXAMPLES THAT SUPPORT THEIR RECOGNITION THAT RUPTURES IN THERAPEUTIC RELATIONSHIPS, RELATIONAL IMPASSES, AND THERAPEUTIC MISALLIANCES ARE INEVITABLE AND VALUABLE PARTS OF THE THERAPEUTIC PROCESS FOR BOTH THE COUNSELOR AND THE CLIENT TO EXPLORE AND INTERPRET, NOT SOMETHING THAT CAN BE AVOIDED WITH SUFFICIENT TRAINING OR EXPERIENCE.



The Georgia College Counseling Association (GCCA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP #2065. GCCA is solely responsible for all aspects of this program.



**Location:**

Georgia Highlands  
College Student  
Center  
5441 Highway 20  
Cartersville, GA

**Time:**

9:00 AM - 3:30 PM

**Presenter:**

Dr. Don Carson,  
LPC

**Earn 5 CE's**

Cost: \$35.00

**includes GCCA  
membership**

Please email

[dmorgan@highlands.edu](mailto:dmorgan@highlands.edu)  
by 05/16/2018 to register for  
this event.

For more information  
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