

GCCA Meeting Minutes • Middle Georgia State University • July 14, 2016

Present: Haley Reed, Brittany Bing, Ruth Hagemann, Terri Ducker, Warren Windsor, Cheri Mattox-Carroll, Angela Wheelus, Shubha Chatterjee, Amy Laughter

Absent: Sylvia Shortt, Chis Wheelus, Jon Kerr, K.C. Hewitt, Predita Howard, Andre Griggs

Meeting called to order at 10:10 am. Minutes were reviewed and approved with one edit. Ruth Hagemann made a motion to accept the minutes and Warren Windsor seconded. All in favor. Motion carried

Treasurer Report -- Brittany Bing: There was no activity in April or May. Two additional memberships were added: 2 new students. Deposits from Telemental Health. Current Balance 9,555.70. Difference of 3.00 noted between check register and Bank of America statement. Reimbursement to John Frevert for training fees in the amount of \$200.00 and check image service fee of \$3.00. The treasury report was accepted.

Membership Report: 2 new members were added for 78 total members. Terri Ducker will send T-shirts to two new student members.

CE Report: Part I past six months. Chris Wheelus CE Report via email overview read by Terri Ducker:

Report Overview: Approved CEs for Jacqueline Awe's Straight-Laced event training where the participants gave it a strong review. All CE duties were completed regarding this event.

Report that information was exchanged with Warren Windsor in regard to an event regarding CEs. GCCA sponsored snacks for the event but CEs were to be awarded by another organization that the presenter specified.

Haley Reed and Chris Wheelus worked together on the CE listing on the GCCA website. He reported that she did a good job updating the site to clarify the CE part of each event listed (i.e. to show how many CEs, who grants the CEs, and who the CEs are for: LPC, LMFT, SW or Psychologist)

The 2016 conference has been fully evaluated. Presenters have received their feedback. Attendees have received their certificates though there were a few who needed additional help getting certificates in which Pat Mooney and Chris Wheelus settled together. GCCA leadership received a special report with results and recommendations and suggestions for the 2017 conference.

In a separate overview Wheelus analyzed the 2016 conference with a goal of sending result summaries and feedback to each presenter and to find out what attendees thought about presenters, and the conference and extend the findings to the next conference's programming. He found that attendees responded best to sessions pertaining to self-care and ethics. For conference programming, it was suggested to focus on the current topics surrounding legal/ethical mandates to include:

Ethics – 3 hours as usual as well as supervision and supervision ethics (per NBCC, LPCA and GA code) – 3 hours. Wheelus intends to survey GCCA members to find out how many have a supervisor credential to maintain, how many are qualified to get it and how many intend to get it. Diagnosing (per the new GA law SB-319 signed 4/26/16) – LPCA-GA will create the agenda for acceptable workshops by January 1, 2017. Wheelus proposes that GCCA be the first to offer a workshop on this topic. Telemental Health – 1.5 to 3 hours for ongoing and new questions about it. Wheelus indicated there will continue to be a

lack of clarity on this topic for the next 5 years or so. Ongoing training can benefit all. Self-care topics: 2106 conference attendees liked this category more than any other (self-care is in the ethics codes.) He noted there will be room for other sessions too, as well as poster sessions on these and other topics. For additional session ideas Wheels prescribed a survey to GCCA members via the listserv with survey monkey.

Social Media Report -- Haley Reed: CE events or campus events come through GCCA events. Listserv: Keep all event on GCCA listserv. #GCCAinAction. What are members doing? If you are involved in anything, post to the listserv to increase interest and participation. Ruth Hagemann mentioned Suicide Coalition on campus coming up.

Facebook: 145 members. Good membership participation with varied posts. 32 Twitter with double the number of tweets. Weekly graphics and topics suggested: Motivation Monday with something inspirational. Informational posts and info on what members are doing to include blog posts. It was suggested that minutes be posted on the website in PDF form. Terri Ducker suggested writing a new blog from GCCA president. A delay on listserv was described with a test email from GCCA listserv email recommended.

No Fundraising Report

No Grants Report

### **Old Business**

Tax ID # issue was discussed in which IRS was contacted. GCCA was not listed as a non-profit, was never listed as a non-profit after name and number was looked up. Address on checks was discussed. There was a Forsyth address listed when Jamie Thames (Wesleyan) was treasurer. Now the account and address was to be listed with Brittany Bing. Ruth Hagemann indicated that GCCA was known as a non-profit but paperwork for registration was not found. No record of non-profit even when GCCA was researched in several capacities to include state and those organizations out of compliance. GCCA not on the list. Terri Ducker suggested that we apply and get advice from ACCA as to which to apply for. 501C professional organization suggested Ruth Hagemann.

Online App: Is there a cost? Notice is sent every year. We have not received it. Every three years. No record. It was suggested by council members that GCCA may need to commit and make it happen. Brittany Bing indicated no tax ID though both will look into it. Ruth Hagemann offered to help research the process as we would be starting from scratch. Every three years a re-application would be sent via e-postcard. Terri Ducker indicated that more information would be gathered prior to commitment.

A call for any other old business: Angela Wheelus: Final report from Chris Wheelus was submitted; a 13 page comprehensive, enlightening piece that was a good overview of what conference participants want to include self-care and ethics. Other hot topics included diagnosis, supervision, telemental health. Self-care had the most feedback for support of this topic. Poster sessions also proved popular. Wheelus in his overview indicated a survey monkey proposal. Clinical Supervision boot camp was suggested and Ruth Hagemann proposed a pre-conference workshop on Telemental health and/or Clinical Supervision. A discussion ensued on supervision. Chris Wheelus was commended on the good job he did compiling the conference survey results: exemplary work in CE area and considered council member of the month in compiling the conference evaluation data. A full summary was shared by Wheelus and made available

during the meeting. Terri Ducker indicated “we appreciate all the CEUs we can get that are not expensive to our members.” The conference generated fairly good evaluations with spot on suggestions. We intend to use the recommendations for the upcoming 2017 conference.

### **2017 Conference Report** by Angela Wheelus

Keynote by Chris Corbett, Director of Counseling at SCAD in Savannah. President elect of ACCA. Theme proposed: Connect • Equip • Lead -- whereas GCCA is considered family reunion to gather, connect, network. Equip in area of need such as supervision, hot topics and issues in counseling such as LGBT, gun/Tasers on campus -- all direct influence on counselors. Counselors are considered leaders in the community, tapped in quite often. Amy Laughter remarked all we do all for students: equip, connect, lead students. Symbols considered include puzzle pieces or the circle proposed by Angela Wheelus. It was noted that the circle could be modified to include the words --connect, equip, lead --by a graphic designer or marketing department found on campus. T-shirt colors considered: brown, heather gray, beige. Stay with the quote on back such as the most recent GCCA design that embodies the theme: team building, 3 sets of t-shirts 3 different quotes was considered. Ribbons, too, should be kept said Ruth Hagemann to encourage conference goers --especially newcomers-- to network and connect during the pre-conference and conference. Be very mindful of new comers to conference -- introduce people you know to those you do not know. Connect -- what GCCA is known for. Make all feel welcome. More opportunities for ice breakers was suggested. Sponsors with name on lanyards such as Ridgeview.

Ruth Hagemann spoke in regard to Keynote welcome luncheon suggesting that council members spread out to sit at each table; easy to sit with people you don't know and interact with newcomers: “I am one of the council members; let me tell you about GCCA. Tell me about what you do.”

Angela Wheelus proposed committees to assist with the conference, outlining six in all. Goals for subcommittees: Getting all involved.

**Recruiting** -- phone calls to colleagues to come to conference and join GCCA. Volunteers: Sylvia Shortt

**Program Team** -- email letters to colleges for presenters, schedule and CEUs, guidebook, evaluation tools, poster sessions. Volunteers: Andre Griggs, Amy Laughter

**Hospitality** -- speaker introductions and assistance, evaluations, assist student workers, conference runners, room set up. Volunteers: Shubha Chatterjee, Cheri Mattox-Carroll, Warren Windsor

**Food** -- pre-conference, dinners, snacks. Volunteers: Terri Ducker, Ruth Hagemann

**Logistics** -- signage when people come in, banners, table top banners suggested, room set up, registration assistance, T-shirt distribution, lanyards/ribbons. Volunteers: Amy Laughter, Ruth Hagemann, Brittany Bing

**Outreach** -- media, flyers, bulletins, blast out, pre-registration, post conference. Volunteers: Haley Reed, K.C. Hewitt

Angela Wheelus suggested a countdown “to-do” timeline for call for programs, save the date promotion, “blast” themes. Now: call for programs, announcement of theme, unveil logo on a certain date: August 15.

Ruth Hagemann indicated that the original time line is August and extend to October 15-31. Tell us what the session are: 90 days to approve CE's before event occurred. August, September: Blast fast: open sooner. Casey Earle needs formatted programs with 90 days in advance. Online form created by Casey Earle as well. Angela Wheelus will begin conversation with Earle for call for programs. Suggested programs include pharmacology and supervision, financial counseling, etc.

#### **Other Business:**

Terri Ducker will review by-laws and request any feedback. Regionally changes: add Columbus and Griffin. Rome to Carrollton. Change names to represent geographically. In the past: town specific rather than district names, which is more inclusive. Consider quadrants and regions. Map of college locations was consulted though more merges will be considered in future. 10 to 8 regional reps. Seven regions with one student rep. No one in Columbus. Terri Ducker suggested changes to regional map and consider regions such as NW, SW, S, N, Central, NE, SE. If any other suggestions, bring them to the next meeting for suggested proposals.

Other discussion: Chris Wheelus and Terri Cordle to review Continuing Education. Terms of office – pro members and reside in region of representation; part of by-law review. Ruth Hagemann: Contact chair to invite students to apply for president grant for conference

#### **Regional Reports:**

Albany – Shubha Chatterjee. Still deciding on topic, not just suicide since topic is to be presented in September. Substance abuse and addiction awareness, chemical induced depression and anxiety, contact vendors for speakers such as Kelly Mosely. Same psychiatrist who did previous workshop will most likely present. Consider Thursday with lunch. Free workshop, but 10 fee for CEU. Work with hospital as host location. Don Alred (Carrollton) looking to branch out, recommended by Terri Ducker. MSW program October 27. Looking for facility #2 Inviting Valdosta State, students from Moultrie Tech. Becca Smith may be a good contact.

Any suggestions? Hospital facility free. Honorarium for speaker \$200 for speaker or food purchase for training, honorarium, supplies. Amy Laughter: free lunches for Valdosta students \$200 available for regional reps for workshops/presentations. Network to gain additional members for GCCA and conference.

Atlanta Region: Andre Griggs not present, no report

Augusta -- Amy Laughter. Membership review and outreach report. Letters sent to possible members. Look up counselors at neighboring colleges. Connect with Shannon Nix. Proposed topics discussed: Sexual Assault/Rape Prevention and Trauma, Domestic Violence and Trauma. November time period with a Wednesday or Thursday date. November 10 or 17: 9-12 or 1-4. Location: Augusta Technical College. Expenses: lunch for attendees, \$10.00, cost for CEUs, travel accommodations. Proposed trainers: Shannon Nix with USC Columbia associate director, Rape Crisis Advocates, Safe Homes Advocate, psychologists, group facilitator with crisis. Augusta University: Brittany Bing

Carrollton/Rome – Warren Windsor. University of West Georgia offered Telemental Health offering with 46 participants. Website, GCCA listserv, social media to promote the presentation. Private psychologists,

good turnout. GCCA sponsored snacks provided. Charges based on CEU provided by another venue. GCCA usually pays for CEUs and lunch and use presentations to recruit for GCCA members at events.

Dahlonega/Macon – Ruth Hagemann. Suicide Coalition: GA College Suicide Coalition. Participating on food committee. Involved with logistics. September 19, 20. Free event. Encouraged to bring campus teams. Information to be placed on website. CEUs through GCCA. Crisis line with Safe House collaboration. Domestic violence seminars and law enforcement view: how they write reports and investigate. Train law enforcement. Mike Merts, personal story with 35 years of service. POST credits to be offered. October 25. Ruth Hagemann will send out information. Next year: focus on clinical topics, medical trauma and ramifications for sexual trauma.

End of regional reports. No other business to discuss. Angela Wheelus moved to adjourn. Amy Laughter seconded the motion. Meeting adjourned.

Next meeting October 21. Middle Georgia State University

Respectfully submitted by Cheri Mattox-Carroll, secretary